

## Experience and Advancements

**Mahaveer Mehta\***

*Dr. Mahaveer Mehta Medical Center, Dubai, United Arab Emirates*

**\*Corresponding author:** Mahaveer Mehta, Dr. Mahaveer Mehta Medical Center, Dubai, United Arab Emirates, Tel: (+9714) 2282444; **E-mail:** [drmmeha@emirates.net.ae](mailto:drmmeha@emirates.net.ae)

The Inaugural issue of any publication holds utmost importance. I feel great honor in writing this piece in this Journal of Clinical and Cosmetic Dermatology.

I've been fortunate to serve as a faculty member, armed forces medical unit, private hospitals and own private practice. My entire professional journey has crossed several countries. Now that I look back, it's an incredible feeling when you've treated over 150 nationalities with all different skin types that you can name.

With this experience, I have learnt that incidences and pattern of Dermatological diseases differ from each geographic area. So does the management of cosmetic conditions where you require special skills. I understood that treating dark and black skin is a challenge without side effects. Evidence based medicine works. Also, working without bias and without any conflict of interest is the only way to go.

We have several top most eminent Dermatologists from Various fields and backgrounds in our editorial board.

With this journal, you will look forward to original articles, review articles including CME, Preliminary reports, Featured operative techniques, special topics, case reports, and letter to the Editor etc. We will only promote science and not industry. Authors will follow publication ethics and guidelines issued. Statements and opinions expressed in the articles and communications section are those of the authors and not those of the editors. Conclusion in each article published is crucial which helps the reader to gain insight. We also do not guarantee, warrantee or endorse any product or service advertised nor do we guarantee any claim made

**Received date:** 14 Oct 2016; **Accepted date:** 07 Nov 2016; **Published date:** 11 Nov 2016.

**Citation:** Mehta M (2016) Experience and Advancements. J Clin Cosmet Dermatol 1(1): doi <http://dx.doi.org/10.16966/2576-2826.e101>

**Copyright:** © 2016 Mehta M. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

by manufacturer of such product or service. In cosmetic Dermatology in last one decade we have seen influx of large number of energy devices such as Lasers, Light sources, Radio-frequency, High intensive focalized ultra sound HIFU, Chemical peels, Neurotoxins, skin fillers, Liposuction, Vitiligo surgery, Lipo filling, Hair transplant and several other procedures. We wish to publish unbiased original scientific papers on such topics which will help our readers about safety, efficacy, guidelines and comparison of different forms of treatments. We also encourage new indications for use of energy devices and other procedures in cosmetic and clinical Dermatology. It is worth mentioning that in my opinion out of several research in Aesthetic field the most important research is Principal of selective thermolysis and secondly use of Lasers and other energy devices in Fractional mode where we can use high energy, less pain, more safety and improved result. Similarly we expect more new research will improve safety, efficacy, less pain and no or less downtime. We will be able to use various combination treatments safely.

Future of Cosmetic Dermatology seems to be great as more and more new procedures and devices will help treating several cosmetic conditions more effectively with Less or no pain, No down time and with more safety. We may be able to use such devices safely in treating few clinical Dermatology cases where we do not have satisfactory treatment available as on today.

This is most comprehensive Dermatology Journal which includes Clinical and Cosmetic Dermatology. I am sure our readers will appreciate and benefit from reading this great journal. Comments and suggestions are welcome.